

# Beat Asthma Friendly School Accreditation 9 steps

## 1) Beat Asthma Friendly School Asthma Policy

- Supporting pupils with medical conditions at school
- Emergency asthma inhalers for use in schools
- Register to monitor asthma absences

## 2) Asthma Register

- Named asthma champion/lead
- Emergency inhaler opt out consents
- Asthma health care plan and personalised asthma action plan



## 3) Emergency Inhaler Kits

*to be used when CYP own inhaler is not available*

- Minimum of three emergency inhaler kits
- Emergency kit content checklist



## 4) Medications

- Provided by parents with prescription details on inhaler and spacer
- A system is in place to check the expiry dates

## 6) Pollution

- Evidence of awareness within school.
- Triggers outdoor/indoor pollution.



## 5) CYP that self-manage

-If a CYP carries their own inhaler as part of their IHCP - Parents should be informed if a CYP appears to be using their reliever inhaler more frequently than usual in school. Home | Healthier Together | ([nenc.healthiertgether.nhs.uk](http://nenc.healthiertgether.nhs.uk)) CYP encouraged to carry PAAP



## 7) Whole School Approach

- Evidence of involvement with parent/carers.

## 9) Staff Training

- All school staff complete online asthma awareness session then biannually.

## 8) CYP - Asthma Ambassadors

- Children's views on Asthma in school.



<https://www.educationforhealth.org/course/supporting-children-and-young-peoples-health-improving-asthma-care>