

# Ask 3 Questions

There may be choices to make about your healthcare.  
Make sure you get the answers to these three questions:\*

What are my choices?

How do I get support to help me make a decision that is right for me?

What is good and bad about each choice?



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3

Your healthcare team needs you to tell them what is important to you.  
**It's all about shared decision making.**

**Other questions I would like to ask  
during my appointment:**

**1**

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**2**

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**3**

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**4**

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**5**

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Remember, you can bring someone else with you to your appointment, such as a relative, carer or friend.