

Information for Young People

**Ready to go....
Transfer to Rheumatology Adult
Services.**



THE
great north
CHILDREN'S HOSPITAL

What does transfer actually mean?

Transfer is when your care moves from our service at the Great North Children's Hospital into adult care. We will transfer your care to a rheumatologist who has an interest in young people's health needs.

As part of our transition process you will understand why this is necessary and your options will have been discussed with you.

This leaflet explains a little more about the adult services available and where they are based. There are other services in the North East but we have highlighted young people friendly services working closely with our team.

Please look carefully at this information so that you know who is looking after you and how they can be contacted. Check where the clinics are so you can plan your journey – please ask us if you need more information.

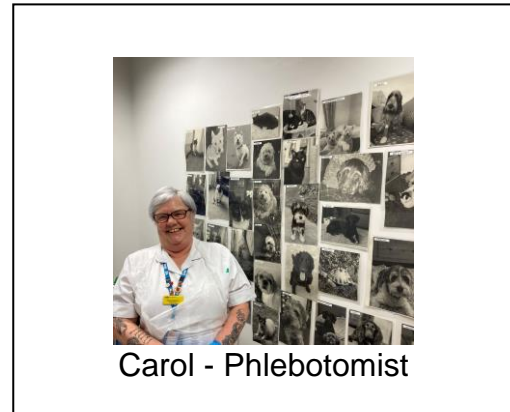
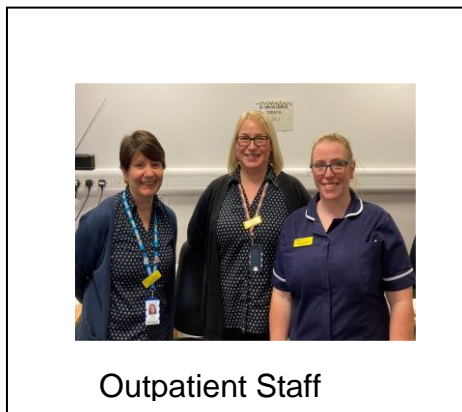
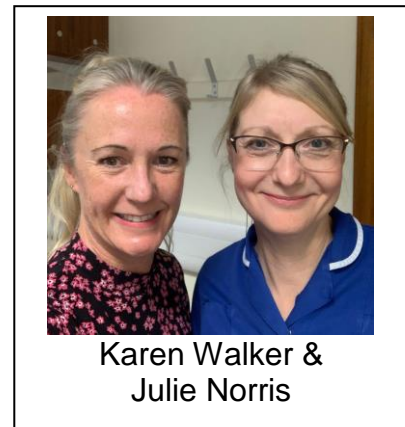
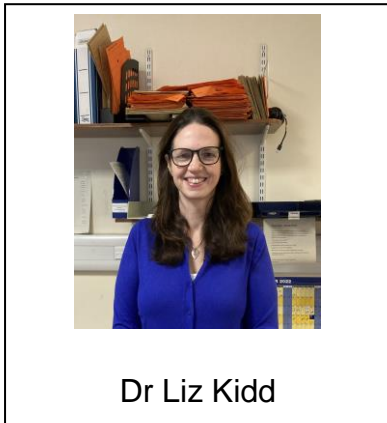
We will support you by working closely with the adult teams and make your transfer as smooth as possible.

Other Teams

There are other rheumatologists across the North East. If you feel you can't travel to the ones in this leaflet, please talk to us and we will explain other options that are available to you.

Newcastle – based at the Freeman Hospital

The Team



The Rheumatology unit at the Freeman Hospital is based within the Musculoskeletal Outpatient (MSU) on level 2. It is a dedicated outpatient area shared by Rheumatology, Orthopaedics, Podiatry, Appliances, Bone Densitometry and some Physiotherapy appointments. There is also an X-ray room and ultrasound scanning of joints available in some clinics.

The Rheumatology Day Case unit is based on ward 20, on level 7 (in the same block as the MSU outpatient department).

Our team includes:

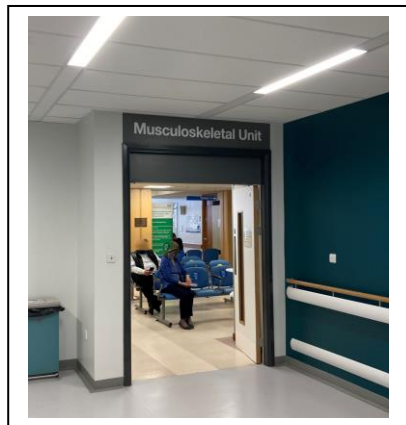
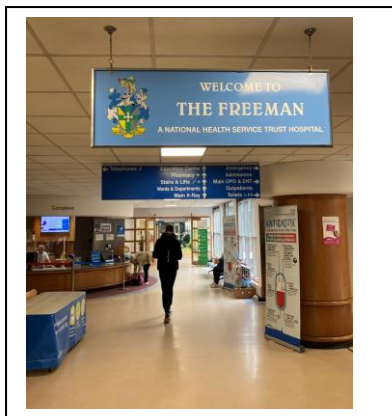
Consultant Rheumatologist – Dr Liz Kidd
Clinical nurse specialist - Lesley Tiffin (patients with JIA)
Connective Tissue Disease clinical nurse specialists - Karen Walker and Julie Norris (patients with specialty conditions),
Occupational Therapist - Gemma O'Callaghan

Physiotherapist - Maureen Motion
Podiatrist - Kate McCallion
Pharmacist - Verity Woodhall
MSU outpatient team - Sister Rachel Browell

There are many other team members including junior doctors plus close working with other departments eg Orthopaedics, Podiatry and Health Psychology if needed.

Where are the clinics?

Freeman Hospital Musculoskeletal Outpatients Dept. [level 2]



How do I contact my new team?

Rheumatology Advice Line is via 0191 2137967.

Sunderland

Key members



Adult Rheumatology
Consultant –
Dr Claire Bracewell

The Team

Dr Claire Bracewell is a consultant rheumatologist at Sunderland Royal Hospital. She has been working there since 2008 and started as a consultant in 2011. She mainly sees adult patients but has an interest in young adult rheumatology, including transitional care.

Where are the clinics?

Your first appointment to hand over care will be at the Children's Outpatients at Niall Quinn where you will meet Dr Bracewell.



All follow up appointments will then be at Chester Wing Outpatients. In Chester Wing Outpatients at Sunderland Royal Hospital, there is a dedicated clinic on a Tuesday morning, approximately every six weeks. The service seems to be growing quickly so we are hoping this clinic will be more frequent in the future.



How do I contact my new team?

Nurse Specialist team can be contacted through the department helpline number 0191 5699600 (more details will be given when you are seen in clinic).

You can contact secretary, Julie Breeds, through the hospital switchboard 0191 5656256 (extension 47562) if you have any queries.

Middlesbrough

Key members



Adult Rheumatology
Consultant –
Dr Geetha Janakiraman

Sister –
Kath Bell

Dr Geetha Janakiraman is an Adult Rheumatologist with special interests in Adolescent & Young Adult Rheumatology as well as Pregnancy in patients with rheumatological conditions. Being a mother of 2 teenagers her hobbies include cooking, gardening and walking. She is also the Vice Principal of a language teaching voluntary organization dealing with young children from 6-16 years. She has a hamster “Buddy” who she absolutely adores!

The wider team includes Sister Kath Bell (Biologics specialist nurse), Sister Donna Rogers & Sister Dawn Youll (Rheumatology Day unit), Claire Harding (Specialist Senior Rheumatology Pharmacist), Kathryn Langman (Physiotherapist) and Helen Coe and Kaitlin Gallighan (Occupational therapists).

Where are the clinics?

Clinics are held in James Cook University Hospital in the Rheumatology Outpatient Department on the 2nd and 4th Monday mornings each month. Access to the department is through the Bridge entrance.



Adult Rheumatology Day Unit

The Day Unit is open three days a week with varying days and hours. Our staff are experienced and friendly always happy to help



How do I contact my new team?

Dr Janakiraman can be contacted via her secretary 01642 854195.

The Rheumatology Nurse helpline is 01642 854756.

Northumberland and Cumbria

The service for young people in Northumberland and Cumbria is based within clinics in Northumbria Trust. This will be discussed with you in more detail at your appointment.



Key members

Dr Liz Coulson

The Team

Dr Liz Coulson is the Adult Rheumatology Consultant and provides the Young Person's Service. Clinical nurse specialist Hilary Wrightson works alongside the doctors. Other multi-disciplinary team members are across Northumberland and Cumbria, including physiotherapists, occupational therapists, nurse specialists and podiatry clinics. Dr Gail Dovey-Pearce offers young people's psychology services.

All staff try to work around school/college/university commitments with early morning, early evening and if appropriate virtual appointments available.

Where are the clinics?

There are face-to-face clinics in Wansbeck, North Tyneside General Hospital and in Hexham.

After your first clinic appointment you can be seen closer to home and the team will discuss the options with you.



North Tyneside General Hospital



Wansbeck General Hospital



Hexham General Hospital

How do I contact my new team?

Secretaries:

Fiona Fairlie (secretary to Dr Coulson) 01670 529903
Rheumatology advice line 01670 529448

Who do I ring if I have any questions about the transfer process?

Please contact us at the GNCH if you have any questions:

The Paediatric Rheumatology Specialist Nurses answerphone – 0191 282 0373

Alternatively you can contact:

Patient Advisory Liaison Service 0800 0320202

northoftynepals@nhct.nhs.uk

NHS Choices

www.nhs.uk/pages/home



Information produced by Lucy Craig (January 2022)

Information reviewed (January 2022)

Review date (January 2024)